





Total shoulder prosthesis — Surgical technique

Table of con-

The prosthesis	3
Synopsis	4
Generalities and surgical approach	6
ANATOMICAL PROSTHESIS	
Humeral resection	10
Humeral preparation	12
Humeral implant placement	13
Glenoid preparation	14
Trial implants	15
Final implants placement	17
Extraction	18
References	19

Note:

Annotations in blue are technical indications.

The manufacturer of this prosthesis, does not practice medicine and can't recommend neither this surgical technique nor other technique in specific cases.

Read the instructions for careful use.

The surgeon has to define the appropriate for each patient.

ARAMIS-Screw prosthesis

A pivot that preserves the bone stock

With a screwed pivot, the ARAMIS-S prosthesis proposes a stemless solution in prosthetic shoulder surgery. Designed to preserve the metaphyseal spongy, its reversed screwing gives it an intraoperative quality. The osseointegration induced by its coating of hydroxyapatite allied to this excellent mechanical stability, allows a secondary fixation of quality.

A simple anatomical solution

ARAMIS-S is positioned according to the cervico-diaphyseal angle of the humeral cut, thus allowing the respect of the anatomical orientation of the head. The adaptation of the humeral heads on the conical junction of the screwed pivot allows a precise and independent anatomical restoration of the diaphyseal axis. This can be particularly useful in post-traumatic osteoarthritis with malunion.

The mismatch between the humeral head and the anatomical glenoid has been optimized to ensure long-term implant stability.

A placement of the glenoid easy

Resection of the humeral head allows easy access to the glenoid. The preservation of the metaphyseal bone stock of the resurfacing implant and thus associated with the simplicity of glenoid implant placement.

A recovery easier

The absence of a humeral stem makes revision easier. The initial bone stock is preserved and the stability of the revision humeral implant will be achieved without necessarily resorting to long stems

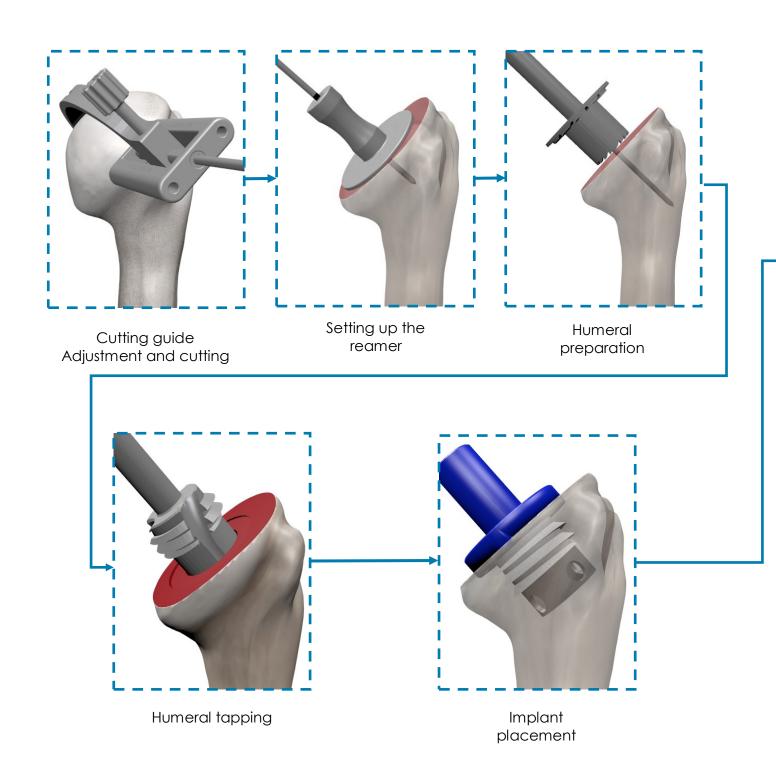
An ergonomic Instrumentation set

The instrumentation offers surgeons comfort of use and a precision which allows the precise restitution of the anatomical variables. Easy to use, it has a small compact box. Indeed, only a few instruments complete the box of the standard Aramis.



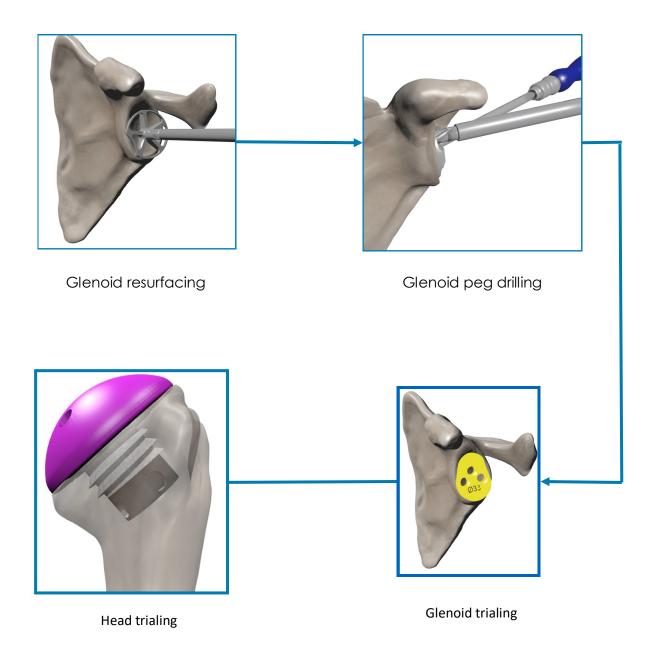
Synopsis

HUMERAL PREPARATION



Synopsis

GLENOIDIEN PREPARATION



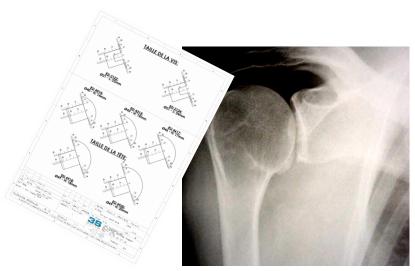
Surgical approaches

Indications

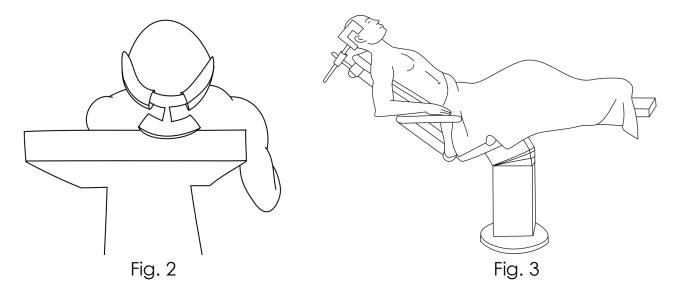
- Inflammatory severe arthritis or evolved osteoarthritis for which conservative or alternative treatments have failed or are considered inappropriate.
- Arthropathy due to degenerative disease
- Sequel of trauma
- Avascular necrosis of the humeral head
- Failure of a previous intervention on the glenohumeral joint which does not compromise the fixation of the new implant

Pre-operative planning

 Use calk to define component size and positioning



Patient installa-



The patient is sufficiently lateralized on the table :

- To release the posterior shoulder face
- And to put the arm in retropulsion

Deltopectoral approach

Deltopectoral approach

Skin incision begins to the coracoid tip, follows the deltopectoral groove and goes to the deltoidian V (Fig. 4).

Note: Incision is outlying the groove, in its lower part to avoid the flanges of the axillary cavity.

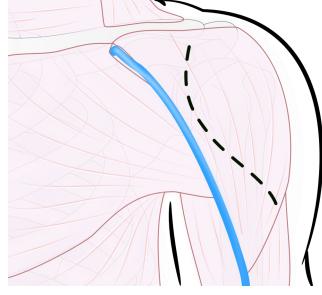


Fig. 4

Retract laterally the cephalic vein (Fig. 5) with the deltoid muscle.

Coagulate or connect the collateral veins present in the vein.

Open the path to the low part of the incision.

Note: Separation between the deltoid and the pectoralis major is clearer in the upper part of the groove, where there is a cellular fat space (Mohrenheim fossa) that has to be exposed medially with a Faraboeuf retractor.

Incision of the clavi pectoro axillary aponeurosis at the lateral side of the conjoint tendon.

Place a self-retaining retractor.

Note: Place a retractor behind the coracoid process.

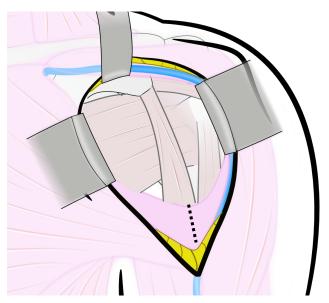


Fig. 5

Deltopectoral approach

Put the arm in abduction and external rotation. Below, cut partially the pectoralis major tendon on the half of its length (Fig. 6).

Put the arm in abduction and internal rotation.

Locate the long biceps at the lower part of the incision.

If the subscapularis is present, identify the superior part of the tendon and at the lower part, ligature the circonflex vessels (Fig. 7).

Note: The subscapularis tendon can be absent or very degenerative with a difficult anatomical identification; **conserve it.**

- Optional identification of the muculocutaneous nerve.
- Identification of the radial nerve when the arm is in neutral rotation elbow to body in anterior flexion.
- Identification of axillary nerve under the conjoint tendon, in front of the subscapularis up to the inferior side.

On a normal tendon, begin with an horizontal arthrotomy at the superior edge.

Perform a tag suture.

Dissect the tendon and the capsule following the anatomical neck at 15mm within the bicipital groove (Fig. 7).

Leave a tendinous part on the lesser tuberosity or lift the entire tendon with bone chips from the lesser tuberosity.

Note: Save the inferior quarter of the tendon to boost the axillary nerve which passes near.

On a damaged tendon, access to the joint is direct through the vertical incised capsule.

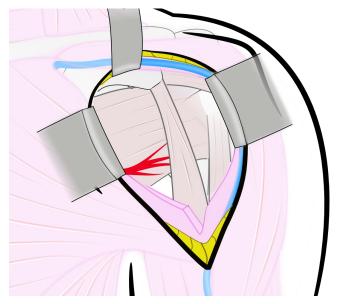


Fig. 6

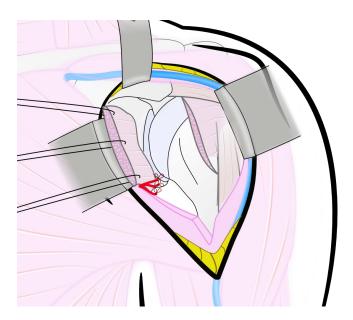


Fig. 7

Deltopectoral approach

Place a Trillat or a Fukuda retractor in the joint (Fig. 8).

Release the tendon and the subscapularis.

First perform an anterior then inferior juxta glenoidal capsulotomy.

Note: The inferior capsule release at bone contact is an important step in joint release and facilitates glenoid exposure.

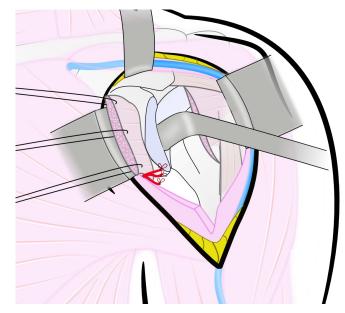


Fig. 8

Dislocation (Fig. 9) has to be done slowly and progressively in abduction, external rotation and retropulsion.

Resect the osteophytes of the anatomical neck with the bone rongeur or with a Lambotte blade.

Note: A retractor is placed behind the head to retract the coraco-biceps.

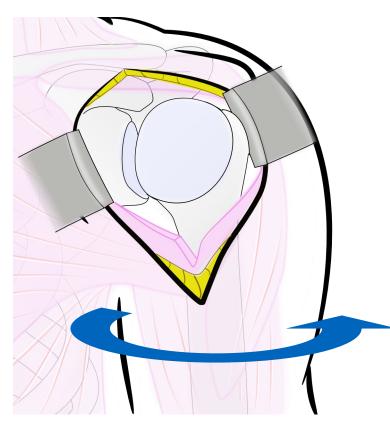


Fig. 9

Humeral resection

• Set up the cutting guide on the humerus. Adjust the diameter of the humeral head and lock it with the screw (Fig. 10).

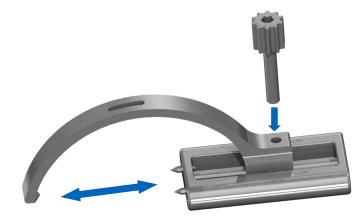
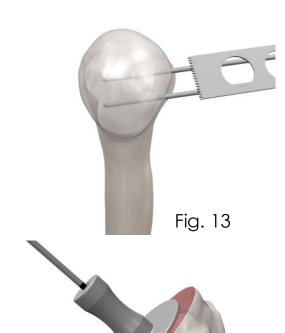


Fig. 10

- Place the pins and the probe in front of the anatomical neck (Fig. 11).
- Fix the center K-wire and adjust the cutting angle and fix the second K- wire (Fig. 12).



 Remove the cutting guide and cut the humeral head following the K-wires (Fig. 13).



 Place the centering plate on the cut, then pass the K-wires through (Fig. 13).

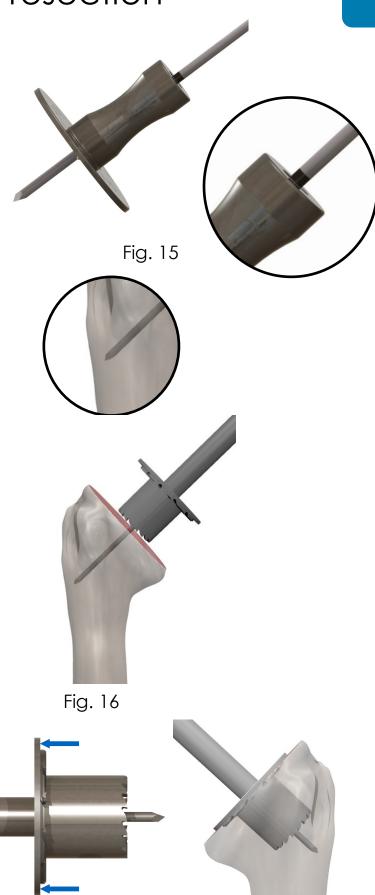


Humeral resection

- The landmark of the K-wires gives an indication of the screw size to be implanted (Fig. 15).
- If the K-Wire passes through the cortex at the lower level of the mark: favor size 1.
- If the K-wire passes through the cortex at the upper level of the mark: favor size 2.
- Remove the centering plate and leave the K-wire in place.

<u>CAUTION</u>: The trephine must be used by hand only.

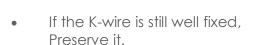
- Set up the trephine of the previously selected screw size (Fig. 15).
- Go up to the stopper to prepare the surface of the humerus (Fig. 16).



Humeral preparation

The trephine makes it possible to prepare the plate of the impaint and to create the necessary cavity for the insertion of the screw (Fig. 17).

CAUTION: Preserved the recovered bone in the trephine for implantation of the screw.



CAUTION: Always use the tap by hand.

Fit the tap on the K-wire where you can guide the smooth part (Fig. 18).





Fig. 17





Fig. 18

- Slowly screw the tap into the bone up to stopper (Fig. 19).
- Remove the tap by unscrewing it without force so as not to damage the thread created.

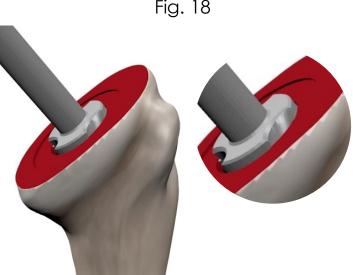


Fig. 19

Placement of the humeral implant

Slowly screw down the implant to visualize the thread advancing through and to stop once the proximal plate is countersink (Fig. 21).

<u>CAUTION</u>: Do not apply excessive force. Excessive tightening may impair the primary strength of the implant

• Remove the implant holder and place the protection plate (Fig. 22).



Fig. 20



Fig. 21



Fig. 22

Glenoid Preparation

Screw the reammer on its handle and tighten with a flat key (Fig. 23). The assembly can be fixed on a motor by using the « REAM » position.

After, an eventual resection of the osteophytes, put the K-wire (BNS-025T-100) in the glenoid center and insert the reamer (Fig. 24). 3 sizes exist: Ø30, Ø33 and Ø36mm

Note: start the motor at few millimeters of the glenoid surface and apply the reamer in movement, to avoid the reamer from engaging too roughly.

Two drill guides are available (Fig. 25):

- One for the glenoid Ø30mm
- One for the glenoid Ø33 and 36mm Use the guide adapted to the glenoid size.

<u>WARNING</u>: if you use the drill guide with a 18mm-gap you have to use the smallest glenoid component.

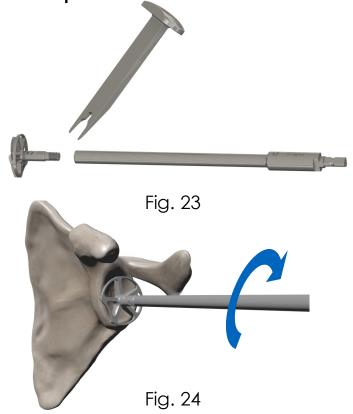




Fig. 25

Drill the first tunnel (Fig. 26):

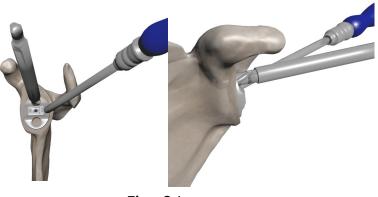
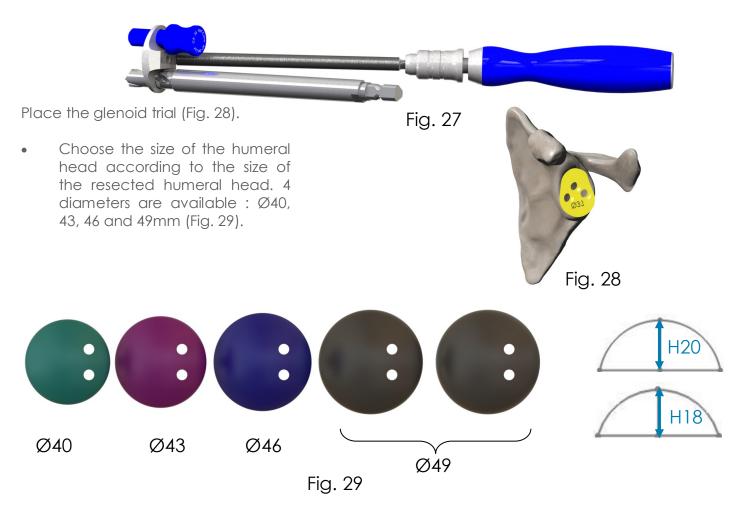


Fig. 26

Trials

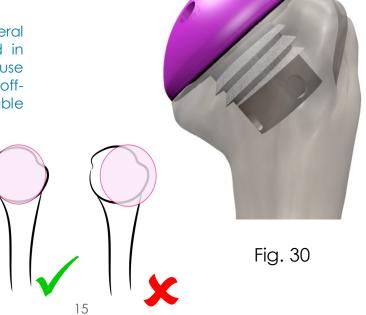
Once, the first drilling is realized (Fig. 26), place the stabilization peg (Fig. 27). Drill the second tunnel.



 Perform the tests on the final implant (Fig. 30).

Note:

In the case where the humeral implant has not been implanted in the center of the humerus (because of a bone defect for example), offcenter humeral heads are available to correct the offset.



Trials

CAUTION: Verify the compatibility between glenoid component and humeral head



Glenoid and the final head implantation

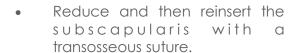
- Remove the glenoid and the trial head.
- Inject the cement into the two glenoid holes and place the final glenoid by hand and impact it with the glenoid impactor (Fig. 31).



Previously, place transosseous wires in order to reinsert the subscapularis.

 Position the humeral head on the humeral implant and impact with head impactor (Fig. 32).

<u>CAUTION</u>: The cone of the humeral head should be inserted in a perfectly cleaned and dried place.



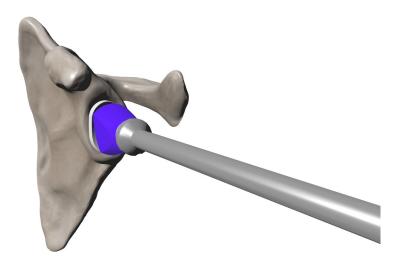


Fig. 31

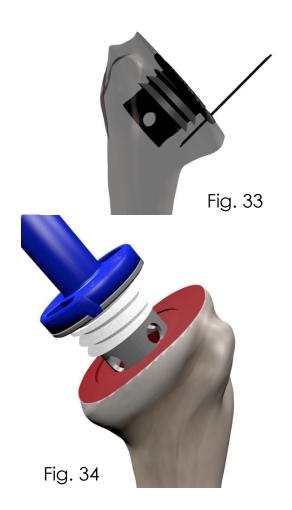


Fig. 32

Humeral implant extraction

To remove a humeral implant:

- Use a thin Lambotte blade to break the bone bridges.
- Pass the Lambotte slices through the notches (Fig. 33).
- Insert the implant holder and unscrew the implant (Fig. 34).



ARAMIS-S implants references

Humeral screw

ESI 2122	ARAMIS-S- humeral implant Ø21	L22mm
ESI 2124	ARAMIS-S- humeral implant Ø21	L24mm



Humeral head centered

EAI 4013	Humeral head Ø40 H13mm
EAI 4315	Humeral head Ø43 H15mm
EAI 4617	Humeral head Ø46 H17mm
EAI 4918	Humeral head Ø49 H18mm
EAI 4920	Humeral head Ø49 H20mm

Instruments references

Cutting guide

ESA GC00 Arch of measurement

ESA GC00 Tightening wheel

ESA GC00

ESA T001

ESA PC00 Centering plate
ESA BG00 Scalable K-Wire

ESA F001 Trephine size 1
ESA F002 Trephine size 2

ESA MF00 Reamer handle

ESA PI00 Humeral implant holder

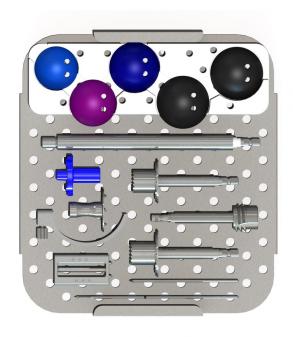
ESA 4014 Humeral head trial Ø40H14

Universal taper

ESA 4315 Humeral head trial Ø43H15

ESA 4617 Humeral head trial Ø46H17
ESA 4918 Humeral head trial Ø49H18

EAA 4920 Humeral head trial Ø49H20







Les passerelles 24 avenue Joannès Masset 69009 LYON

Tél.: 04.37.24.07.45 **Fax.**: 04.72.74.90.41 www.3sortho.com contact@3sortho.com



Class III medical device // Indication: joint arthroplasty of the glenohumeral joint



